

June 2014

# The Player

Wembley Downs Tennis Club Inc.

## From the President

Hello all

As winter sets in, there seem to be fewer players on the courts, which is probably a good thing, as it gives some of the courts a much-needed rest.

Everything seems to be looking good around the Club, and to all of you who keep it looking that way, not just a thank you, but just keep doing what you are doing, as it is working well! There are many members who do small things on a daily basis which are integral to the Club's success.

**Mark Sims** and his House & Grounds team have been busy removing the shadecloth along the pathway between the synthetic and grass courts. Quotes have been sourced and a new shade cover will be put up before next summer: an easier to take off and replace version! It's all about trying to make life a little easier for everyone. House & Grounds are quiet achievers around the Club, but so fundamental to our everyday operation, from watering plants to major repairs. Thanks to all who contribute so much in this area.

The two new high bar tables and stools have been a popular addition in the bar, with more to come. A long time coming, but worth the wait!

With a number of Committee members retiring this year, now is the time for others to consider taking on a role. Please see below.

I still have not managed to play yet - so frustrating and cannot wait to be on court again.

See you at the Club soon,

Cheers  
Nola



## COMMITTEE 2015

The AGM this year will be held on Sunday 31 August.

**A number of key Management Committee members will be retiring this year, so now is the time for all Club members to seriously consider nominating to take on a role in the management of the club for the coming year.**

<b>President</b>	<b>Secretary</b>
<b>Vice President</b>	<b>Registrar</b>
<b>Club Captain</b>	<b>Treasurer</b>
<b>Social</b>	<b>Midweek</b>
<b>Juniors</b>	<b>Promotions</b>

In doing so, you will have plenty of handover and support from outgoing office-bearers, so you won't be without help, by any means.

## Coming up

JULY  
Sat 12 Curry & Karaoke night

AUGUST  
Sun 31 Annual General Meeting

## Captain's Room

### Summer League forms

Yes, it's still winter, but in four months' time, the summer season will commence. It's time to start thinking about league teams. A nomination form for both midweek and weekend competitions accompanies this newsletter. **IF YOU WANT TO BE CONSIDERED FOR A TEAM, YOU MUST COMPLETE THE FORM AND SUBMIT IT BY 6<sup>th</sup> AUGUST.**

### Court etiquette 😊

Please remember a few of the common courtesies of tennis, such as not hitting the ball back to the server when the first serve is an obvious fault, and not retrieving balls from a neighbouring court when players are in the middle of a point or about to serve. Social tennis deserves all the same etiquette as competition.

## Members

A big welcome to the following new members. We look forward to seeing you on court and around the Club!

Full:	<b>Malcolm McGuire</b>
Midweek:	<b>Heather Maitre</b>
Social:	<b>Jamie Anderson</b>
Junior:	<b>Alex Downey, Daniel Downey</b>



Well-deserved applause and a big thank you to **Bryn Parsons, Terry Tinsley** and **John Hemsley** who made a combined effort to enable us to secure new tables for the hall at a third of the cost of outside contractors: Bryn purchased and welded the steel table bases, John painted the new and old table bases and Terry fitted the new table tops. Thanks also to **John Venn** for coordinating the project. A wonderful team effort for which the Club thanks you!

## Vale

Our condolences to Robert, Sue and all the Martin family on the recent loss of John, a former member of the Club and brother of Rob, a current member and Club sponsor. Rest in peace John.

Our thoughts also with Deirdre Coombe, her family and Terry on the loss on Deirdre's mother. Thinking of you all.

### Entertainment Book

The new Entertainment Book is now available through WDTC, still \$65 and fantastic value. For the first time, this year EB are offering a digital version which can be downloaded to your phone or mobile device, which will obviate the need for vouchers – just redeem your offer on the spot! Too much technology? Fortunately, the printed version is still available! See Nola for details.



## Social

**It's time to get your act together!** ....because our next social event is a Curry and Karaoke night!

- We will start the evening with a meal fit for a Rajah by offering a choice of three delicious curries, with rice, poppadums and condiments, prepared for you by the exotic chefs of the Social Committee.
- This will be followed by entertainment to keep everyone smiling all night.
- There will be a music quiz to test your knowledge - win a bar voucher for your table!

The sound system we are hiring is a jukebox as well as karaoke machine. With over 5,000 songs to choose from, we will have an enormous choice of music to dance to. This will, of course, be interspersed with musical acts by our karaoke singers, the best one also winning a prize.

This is the last social event of the season and we plan on making it a great night, but we need **YOU** to make it great. Book now and pay before the night, either at the club or email me at [helendonovan1@bigpond.com](mailto:helendonovan1@bigpond.com)

See you all there! – *Helen Donovan*

### Curry &



*Delicious curries, rice, poppadums and condiments -  
prepared by the exotic chefs of the Social Committee*  
**Professional Karaoke / Juke Box System**  
**(dancing and performing encouraged, exotic or otherwise)**  
**Prize for the best performance**  
**Quizzes (yes, with prizes)**

**Saturday 12 July @ 6.30pm**

**Cost: \$20**

**See booking sheet for details or email**

**[helendonovan1@bigpond.com](mailto:helendonovan1@bigpond.com)**

## Global Tennis



### **KALGOORLIE TENNIS RESULTS**

Great Kalgoorlie AMT for Global Tennis! We recently took 11 Global tennis players to the AMT event in Kalgoorlie, with great success in all events. A fantastic result and well done to all these players!

**Scott Webster** - Men's runner-up  
**Sara Stikic** - Women's runner up.  
**Olivia Rimmer & Sara Stikic** - Women's doubles winners.  
**Scott Webster & Brenton Bacon** - Men's doubles winners  
**Skye Royall** - 12 singles and doubles winner.  
**Will Hann** – Boys' 14 winner.  
**Alfredo Huamani** - 14 doubles winner.  
**Marcus Bouckaert** - 16 singles finalist.  
**Simon Ferreira**- Boys' 16 consolation finalist  
**Carlin Zoehrer** - Boys' 16 consolation winner

## **JULY HOLIDAY CLINICS FOR KIDS**

**July Holiday Clinics – a great tennis morning for players of all standards at Wembley Downs Tennis Club.**

A full morning of tennis and fun for 6- 14 year old players of all standards with the Global Team!

<b>Clinic 1</b>	<b>7-11 July</b>	<b>(Monday - Friday)</b>	<b>9.00am-12.00pm</b>
<b>Clinic 2</b>	<b>14 -18 July</b>	<b>(Monday - Friday)</b>	<b>9.00am-12.00pm</b>

**3 hours of tennis Monday to Friday with coaching, games, match play and a lot of fun!**  
**\$160 per week or \$40 per day.**

Please email or call Joe to book in, as places are limited! [joe@globaltennis.com.au](mailto:joe@globaltennis.com.au) or [0439 497032](tel:0439497032).

## **MEN'S WEDNESDAY NIGHT DRILLS: 7.00 -8.30 pm**

Global Tennis will be running a men's drills session on Wednesday nights starting Wednesday 18 June. It will include doubles drills, tactical work and match play.

This is a drop-in session. Please email Joe if you plan on attending. [joe@globaltennis.com.au](mailto:joe@globaltennis.com.au)

**Cost: \$25.00 per session.**

## **WINTER COACHING SPECIALS!**

For all those players wanting to keep their game up to scratch ready for the summer season, we have a block of 4x 30 minute tennis private lessons for sale for \$120.

This is a great way to get the technical aspects of your game in order for the upcoming season. Lessons can be completed any time or day that suits you. Please email Joe to secure your block as soon as possible [joe@globaltennis.com.au](mailto:joe@globaltennis.com.au)

## **JOE'S COACHING TIP**

Quick question about your tennis serve: when you go up to serve, are you worried that your opponent is going to crush it and shove it right back down your throat because you can't seem to put anything behind it?

If so, I bet you're literally craving for a way to add a little extra juice so your opponent can't immediately push you back on your heels and possibly even win the point outright on his return. Well, here's a quick tip that will help you gain a real pretty powerful tennis serve, in your tennis game, give 30% more consistency and boost your confidence all at the same time. No – It doesn't involve getting bigger muscles.

The problem many players have is they toss the ball "too low" and don't allow themselves to get that full extension so they can "snap" when the ball is at the apex (...or the peak). As a result, they end up leaning too far to the side, which leads to having to duck to hit a much lower ball, thus affecting their balance. This creates too big a crease in their arm, thus dramatically decreasing the amount of possible speed generation and "snap attack."

How do you fix it? It's simple: the more snap you get, the more power you get. So, if you want to stop the tennis serve freebies and give your tennis serve a lot more punch, simply toss the ball HIGHER above the toe of your front foot. The more elevation, lift, or 'hang-time' you get on your ball, the more your arm is allowed to extend and reach up towards the ball. If you still have a bent arm at contact, it's too low.

**NEW!**

**NEW!**

**NEW!**

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### Editor's quote of the month

**"Sure on a given day I could beat him.  
But it would have to be a day he had food poisoning"**  
*- Mel Purcell on Ivan Lendl*

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**FACEBOOK**

WEMBLEY DOWNS TENNIS CLUB.

